

Freshman Program

Grade 9 – August / September

Focus: Adjusting to Nazareth’s academic environment

- Attend **Freshman Family Orientation Night**.
- Be open to new ways of learning in high school.
- Sign on to netclassroom and include Guidance for Grade 9 Counselor.
- Please have a professional screen name for your email.
- Complete Freshman Survey.
- Keep appointment with Counselor.
- Encourage your parents to attend “Back-to-School Night”.
- Participate in Counseling Cycle.
- Reach out and make new friends.
- Develop daily schedule for study at home.
- Prepare for the PSAT. Everyday spend at least 20 minutes preparing for the PSAT in October. Use College Board materials. Sign on to PSAT practice test.
- Resolve to reach your full potential.
- Make time to enjoy reading.
- Please have a professional screen name for your email.

Grade 9 - October

Focus: Acquiring skills for successful learning and applying them to all activities

- Begin each day with renewed faith and confidence.
- Prepare for the PSAT. Everyday spend at least 20 minutes preparing for the PSAT in October. Use College Board materials. Sign on to PSAT practice website.
- Keep appointment with Counselor.
- Complete PSAT test.
- Continue to reach out to others and make new friends.
- Study report card with parents and celebrate.
- Seek support and tutoring as needed.
- Be open to leadership opportunities.
- Join clubs and sports of your interest.
- Maintain your scholastic enthusiasm.

Grade 9 - November

Focus: Seeking experiences that enhance the Nazareth experience

- Discuss report card results with Counselor.
- Study and complete “Planning for Life” portfolio during Counseling Cycle.

- Continue tutoring sessions.
- Continue your service hours.
- Enter into the spirit of your school retreat at Holy Redeemer Spiritual Center.
- Sign onto collegeboard.com if you have never created an account before.
- Find time for leisure reading.

Grade 9 - December

Focus: Balancing academics and holiday activities

- Continue to work at full capacity.
- Keep appointment with Counselor.
- Enter into the spirit of giving and receiving graciously.
- Make your peace with God and prepare for Christmas.
- Seek help in preparing for exams.
- When you have a class meeting and receive your PSAT results, be sure to use www.collegeboard.com/quickstart to review your test answers.
- Complete the PSAT/Quickstart worksheet due back to your counselor before January 31. (Use www.collegeboard.com/quickstart).
- Follow up PSAT results. Spend 20 minutes a day in PSAT prep.
- Also use resources at www.collegeboard.com/quickstart for career and college information.
- Find time for leisure reading.

Grade 9 - January

Focus: Pursuing success in examinations and new beginnings

- Begin each day with trust in God and yourself.
- Prepare for mid-term exams diligently.
- Seek support and tutoring as needed.
- Invite parents to “**Making College Financing Count**” in February.
- Keep appointment with your Counselor.
- Begin 2nd semester with renewed vigor.
- Spend 20 minutes a day everyday preparing for the PSAT. Use www.collegeboard.com/quickstart and focus on areas of weakness from your PSAT this year.
- Complete the PSAT/Quickstart worksheet due back to your counselor before January 31. (Use www.collegeboard.com/quickstart).
- Use www.collegeboard.com/quickstart (My Road) for career exploration. Learn about your intended career.
- Continue to volunteer and help others.

Grade 9 - February

Focus: Demonstrating ability to balance study, activities, and leisure

- Continue academic momentum.
- Seek guidance with course selection for Sophomore year.
- Think about joining spring sports.
- Make time for reading during mid-winter break.
- Spend 20 minutes a day everyday preparing for the PSAT. Use www.collegeboard.com/quickstart and focus on areas of weakness from your PSAT this year.
- Review report card results and make necessary study plans.

Grade 9 - March

Focus: Articulating competence and leadership qualities

- Keep appointment with Counselor.
- Recognize the degree of your leadership potentials.
- Volunteer your services.
- Continue tutoring sessions.
- Spend 20 minutes a day everyday preparing for the PSAT. Use www.collegeboard.com/quickstart and focus on areas of weakness from your PSAT this year.
- Use www.collegeboard.com/quickstart (My Road) for career exploration. Learn about your intended career.
- Keep up enthusiasm for reaching goals.
- Prepare for “Explore” test.

Grade 9 - April

Focus: Demonstrating persistence in learning and career search

- Keep appointment with counselor.
- Attend CORA “Body Image” Guidance Cycle.
- Complete “Explore” test.
- Continue tutoring sessions.
- Spend 20 minutes a day everyday preparing for the PSAT. Use www.collegeboard.com/quickstart and focus on areas of weakness from your PSAT this year.
- Sign up to be a peer counselor (if interested).
- Seek student councilor position (if qualified).

Grade 9 - May

Focus: Maintaining academic momentum in preparing for exams

- Attend Counseling Cycle.
- Discuss “Explore” results with Counselor.
- Volunteer your services.
- Maintain scholastic enthusiasm.
- Prepare for final exams.

- Check your service hours.
- Honor your senior with special recognition.

Grade 9 - June

**Focus: Celebrating achievements and planning for a summer of leisure
academic enrichment**

- Include reading in summer plans.
- Apply for working papers, if you intend to work this summer.
- Join school outings.
- Study results of final report card.
- Arrange for summer tutoring if necessary.
- Plan for a joyful and growth-filled summer experience.
- Continue to spend 20 minutes a day in PSAT/ACT prep.