

## **KAIROS RETREAT INFORMATION SHEET**

To Parents/Guardians and Students:

If you have any questions about the KAIROS Retreat, please contact Miss McKeever at Nazareth Academy 215-268-1043. **Please save this information sheet for future reference.**

Thank you for your loving support and continued commitment to the faith development of your daughter.

WHO? Seniors and Juniors of NA, led by NA Seniors and NA Faculty and Graduates.

WHERE? Jesus House Prayer and Renewal Center, Wilmington Delaware

WHEN? From 3:00 PM Thursday, October 23 until 3:00 PM Sunday, October 26.  
From 3:00 PM Thursday, January 15 until 3:00 PM Sunday, January 18.  
From 3:00 PM Thursday, February 12 until 3:00 PM Sunday, February 15.

### **OTHER IMPORTANT INFORMATION:**

1. All retreatants must use the bus provided for transportation to and from the retreat. All participants must be present for the entire retreat.
2. Participants may not bring books to read or other schoolwork. It is important to make a special effort to be up to date on schoolwork before you leave. Each faculty member has a list of who will be on the retreat and has been notified that no books will be permitted and that you will be exhausted upon return Sunday evening
3. Do NOT bring cell phones, watches, pagers, radios, Ipods, Walkmen, portable CD players, games, other diversions.
4. Bring some snacks for three days, to share.
5. Retreatants may NOT use the telephone during the days of the retreat. Do not plan to call anyone and don't ask anyone to call you, unless your parents need to contact you for emergency reasons. If there is an emergency, the phone number of Jesus House is 302-995-6859.
6. You are asked to bring your own towels and toiletries. The Center provides sheets. If you have a special pillow that you need for health reasons, please bring that.
7. Pack casual clothing and PLEASE keep baggage down to ONE small suitcase! Sweats, jeans, and comfortable clothing are fine. Make-up etc. is NOT necessary.
8. Please put your NAME on your baggage. It will be easier to identify them!
9. Nazareth Academy's policy on smoking, drugs and alcohol will be STRICTLY ENFORCED.

Sincerely,  
Miss McKeever

**PLEASE KEEP THIS PAPER IN A CONVENIENT PLACE FOR REFERRAL.  
THANK YOU.  
ANY ADDITIONAL QUESTIONS, PLEASE DO NOT HESITATE TO CALL.**