

The Naz Newsletter



Nazareth Academy High School Parent Update

October 17, 2021

“Prayer is the means by which we obtain what Jesus is ready to give us: vitality, vigor, and grace.”

–Blessed Mary of Jesus the Good Shepherd

From the Office of the Principal
Mr. Jim Meredith

Remembering Our Beloved Dead

During the month of November, Nazareth Academy High School will remember in a prayer our beloved deceased. [Please click here](#) to list the names of your deceased family and friends so the entire Nazareth Academy family can carry them in prayer through the month of November.

List one name per field, as many as ten names per form. If you wish to include more than ten names, please feel free to use the link again to submit another form. Please submit your form before November 1, 2021.

Thank you.

Schedule for the Week

Monday, October 18: PD Day, no classes
Tuesday, October 19: A Schedule
Wednesday, October 20: A Schedule
Thursday, October 21: A Schedule
Friday, October 22: A Schedule



A Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM - 7:57 AM
BLOCK 1	8:00 AM - 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM - 9:21 AM
BLOCK 2	9:24 AM - 10:45 AM
Block 2A	9:24 AM - 10:03 AM
Block 2B	10:06 AM - 10:45 AM
Activity Period	10:48 AM - 11:23 AM
BLOCK 3	11:26 AM - 12:47 PM
Block 3A	11:26 AM - 12:05 PM
Block 3B	12:08 PM - 12:47 PM
BLOCK 4	12:50 PM - 2:10 PM
Block 4A	12:50 PM - 1:29 PM
Block 4B	1:32 PM - 2:10 PM

From the Office of the President

Mrs. Denise LePera

When we look ahead, one of our challenges is going to be recruiting our incoming freshman class and new transfer students to replace our graduating class this year of 101. But we are off to a great start!

Thank you to everyone for their participation in our Open House yesterday. The format included the scheduled tours and presentations from the Spring after the very positive feedback from our families and Nazareth faculty and staff. But we were able to once again offer light refreshments, open the Panda Pit, have NAPA in the student dining room, as well as Mrs. McCloskey who most of our families definitely wanted to talk to about financial aid.

Thank you for being champions of Nazareth Academy High School. If you volunteered for the event, please complete this [short survey](#) by Tuesday, October 19th so we can have the information we need for our department debrief meeting on Wednesday.

Thought for the Day ~ Seth Godin

This is what a good cleansing breath can do...move us from busy to productive!

[The trap of busy](#)

But not everyone is productive.

Busy is simply a series of choices about how to spend the next minute.

Productive requires skill, persistence and good judgment. Productive means that you have created something of value.

Perhaps your self-created busy-ness is causing you to be less productive.

Advancement Office

Taste of the Town ~ November 13th

The Taste of the Town is back featuring TF Squared with our own Mrs. Teresa Miller and local restaurants sampling their cuisine. We will have raffle baskets, 50/50 and a basket of cheer. [Tickets can be purchased for \\$40](#) in advance or \$50 at the door. We hope that you will join us.

Thank you to our 2021 Taste of the Town Sponsors!

As of October 15th

Entertainment Sponsors

Eileen Hurley Esq. '89

Jack Duggan's Pub ~

Michael and Erin Hurley '90 Zwiercan P '22

Bar Sponsors

ASK Technologies Inc. ~

Sprinkler Fitters Local Union 692

Steve & Grace Pirolli P'22

T-Shirt Sponsors

B & E Sportswear

District Council 21

P & F Giordano ~

Eugene & Cristie Hutkowski '91 Giordano P'24

Taste of the Town Raffle Tickets

Students received their Taste of the Town Raffle Tickets. The raffle will be held the second week of November to coincide with the Taste of the Town. Each ticket contains two (2) three-digit lottery numbers. *We are asking each student to sell a minimum of five tickets.* Tickets are \$20.00 and the drawings are based on the Pennsylvania Evening Lottery (straight only). Student incentives for selling their raffles will be announced weekly in school. If needed, more tickets will be available in the Development Office. ***All tickets are due in homeroom by the morning of Monday, November 8, 2021.***

Please see Terri Evans if you are interested in purchasing tickets or selling them to family and friends.

Drawing Dates

The drawing dates will be:

- November 9, 2021: Green Tickets
- November 10, 2021: Pink Tickets
- November 11, 2021: Blue Tickets
- November 12, 2021: Yellow Tickets

Winners: \$2,000 value

The winner will receive a \$150.00 gift certificate to **EACH** restaurant listed below along with \$100.00 spending cash for each restaurant making this a \$2,000.00 value per drawing.

The restaurants featured are as follows:

~ Macaroni's	~El Vez Restaurant
~ NaBrasa Brazilian Steakhouse	~Maggiano's Little Italy
~ Morimoto	~The Capital Grille
~ Buddakan	~River House at Odette's

NAPA Updates

Gertrude Hawk Candy Apple Sale

To keep the Fall theme going, new to NAPA this year is our Gertrude Hawk Candy Apple Sale. Who doesn't love apples smothered in chocolate and caramel? These yummy apples are packaged beautifully making a great hostess gift for Thanksgiving. Sale ends on October 22nd. Get your apples today. [Place your order here](#). Pick up will be at school the week of November 15th.

Fall Harvest 50/50

And the winner of our Fall Harvest 50/50 was Sanka C.! Congratulations, Sanka! No luck this time?! Don't worry! There will be another chance to win at our next 50/50 on October 27th! Thanks to everyone who bought tickets! 🎟️🐼

From the Office of Campus Ministry

Ms. Shannon Donnelly, Campus Minister

Blessed Mary of Jesus the Good Shepherd was endowed with a personality of intelligence, the gift of music, energy, kindheartedness, and "the charming and yet simple gift of unpretentious femininity." Every one of us knows there are strengths and weaknesses within our bodies. Mother Foundress knew her weaknesses too. Those human weaknesses can be mostly found acting out in our emotions. Mother Foundress said "as soon as I cooperated with God, not against Him, our naturally weak tendencies become supernatural graces." The result of strong, powerful healing and transformation. May we let God bless our strengths AND turn our weaknesses into transformative blessings.

Reminders

- Thank you so much for all the generous donations during our Afghan refugee drive!
- There is one more opportunity for volunteering at the Holy Redeemer Garden on 10/23 from 10:00 AM-12:30PM. Students can sign up outside my office.
- November will be jam-packed with great opportunities for service, stay tuned!

From the Office of Student Life

Mrs. Theresa Hartey, Assistant Principal

Taste of the Town Raffle Tickets

Students who sell all five of their raffle tickets will be entered in a drawing every Friday for gift cards. Class Wars are on. The class that sells the most by percentage of students will win a food truck visit at the culmination of the competition.

A huge thank you to our students who helped at Holy Redeemer Garden and to those who provided homework help at Nazareth Academy Grade School. God bless you for your good work.

Important Upcoming Dates

- Monday, October 18th: No classes
- Friday, October 22nd Student Council Dress Down Day
- Saturday, October 23rd Holy Redeemer Garden
- Thursday, October 28th: Underclassmen and Faculty/Staff Yearbook Pictures
- Friday, October 29th: Clash Day/ Student Council will sponsor the Fall Festival at the end of the day
- Monday, November 1st: All Saints Day, no classes, Faculty PD Day
- Monday, November 8th: Winter Uniform Begins
- Thursday, November 11th Junior Ring Mass
- Friday, November 12th: Junior Ring Day
- Saturday, November 13th: Taste of the Town
- Sunday, November 14th: Face to Face Soup Kitchen
- Saturday, November 20th: Father-Daughter Dance

Have a great week! Go Pandas!

From the Office of College Counseling

Ms. Alyssa Mikulski, Director of College Counseling

Resources

The College Counseling Department has launched an Official Instagram account. We'll be posting upcoming events, deadlines, and resources for you and your students. Please encourage your students to follow us and feel free to follow us yourselves. Our handle is: [nahscollegecounseling](#)

The FAFSA application opened October 1st. Seniors and their families should complete this federal student aid [application](#) sooner rather than later for college purposes. Students should check with their colleges to see if there are priority deadlines for FAFSA submission.

Going Merry offers financial aid [resources](#) and a way to [complete the FAFSA](#) application through their site. Many of your students may have accounts with Going Merry already for scholarship searches. They should be able to use this account to complete the FAFSA if they would rather use Going Merry instead of the FAFSA site.

The Pennsylvania Association for College Admission Counseling is hosting virtual college fairs. Follow this [LINK](#) to register. Events are taking place on October 19th, 21st, 25th, and 27th.

Upcoming Nazareth College Visits

All visits this week are in-person and located outside the Panda Pit! The virtual visits were cancelled due to lack of student interest.

October 20: Nazareth's Navy Representative will be visiting during lunches.

October 21: Nazareth's Army Representative will be visiting during lunches.

The University of Pittsburgh's virtual visit is taking place on October 21st due to student interest.

Students can come to the Counseling Suit to join this 10:50AM-11:20AM

Zoom call: <https://pitt.zoom.us/j/99211921268>

Class of 2023

The College Counseling Team is hosting a Junior College Parent Night on Tuesday October 19th from 6:30PM-7:30 PM. When registering, parents will have the option to select in person or virtual attendance. If virtual attendance is selected, a Teams meeting link will be provided before the event. Please click [HERE](#) to register by October 18th at 2:30PM.

Transcript Request Form Class of 2022

When your student applies to a college or university, they need to request that their transcript be sent to that particular school. This should be done through the [Transcript Request Form](#). There is a \$3 fee per transcript that is sent. (Example: If your student applies to 5 colleges, then the fee is \$15.)

Instant Decision Days Class of 2022

Congratulations to the 24 students who participated in the La Salle University Instant Decision Day! All were accepted!

Nazareth will be hosting an Instant Decision Day with **Thomas Jefferson University** on November 10th. Students who participate will be given an admission decision this day. Students should register for this event and complete an application to Jefferson by November 1st. To register, please complete this [FORM](#).

Interview Day Class of 2022

Nazareth will be hosting an Interview Day with **Saint Joseph's University** on October 26th. Students who participate will not be given an admission decision, but they can speak with the admissions representative about their application to Saint Joseph's University, about the university, or about anything else they would like to discuss related to admissions. It is preferred if students apply to Saint Joseph's University before October 26th, but it is not required. Students should register for this event by October 21st by filling out this [FORM](#).



From the Office of Counseling

Ms. Mary Jane Whiteley, Director of Counseling

Please join us for an interactive presentation on the evening of November 30th by Minding Your Mind presenters, Dr. DiLossi and young adult speaker, Evan. Minding Your Mind will again be sharing valuable information around the topic of mental health. Please see the below flyer for more details on the Parent Program!



The flyer features a person holding a red paper mask with a sad face. The background is a textured blue-green. The text is arranged in a clean, professional layout with a mix of fonts and colors (white, black, and purple) to highlight key information.

MINDING YOUR MIND

Presenting:
Just Talk About It

Featuring Clinician Dr. DiLossi and Young Adult Speaker Evan

This interactive presentation is an introduction to mental health, designed to train parents and caregivers on how to recognize the warning signs of stress, anxiety, depression, and crisis.

November 30th, 2021
6:30 - 7:30 PM
Nazareth Academy High School
4001 Grant Ave, Philadelphia, PA 19114

Join us for a socially distanced in person presentation for parents!

Questions? Please contact
Mary Jane Whiteley
mwhiteley@nazarethacademyhs.org

Attendees will learn about:

- Stigma regarding mental health
- The most common causes and effects of stress and anxiety
- Adaptive and maladaptive coping skills
- The symptoms of depression
- The warning signs most often associated with a mental health crisis
- How to help a youth who is experiencing a mental health challenge or crisis

From the Office of the Athletic Department
Mr. Dan Bradley, Athletic Director

Weekly Athletic Schedule October 18, 2021-October 24, 2021

Monday, October 18

2:45 – 4:15 – XC Practice – Benjamin Rush
3:00 – 5:00 – JV/V Soccer Practice – PSC
3:45 – JV VB vs. Bensalem – Away **1:45 Dismissal**
5:00 – V VB vs. Bensalem – Away **1:45 Dismissal**

Tuesday, October 19

3:00 – XC Champs – Away – Tyler State Park **1:00 Dismissal**
4:00 – 6:00 – JV & V VB Practice – Nazareth Gym
4:00 – V Soccer vs. VJ – Home – PSC
5:30 – 6:30 – JV Soccer vs. VJ – Home – PSC
6:30 – 9:00 – V Cheer Practice – Nazareth Gym

Wednesday, October 20

3:30 – 5:30 – JV/V Soccer Practice – PSC
5:00 – V VB vs. NFCS Home – Senior Day – Nazareth Gym

Thursday, October 21

3:45 – JV VB vs. Hubert's – Home – Nazareth Gym
5:15 – JV Soccer vs. Garnet Valley – Away
5:00 – V VB vs. Hubert's – Home – Nazareth Gym
7:00 – V Soccer vs. Garnet Valley – Away
6:30 – 9:00 – V Cheer Practice – Gym

Friday, October 22

3:30 – 5:30pm – JV/V Soccer Practice – PSC

Saturday, October 23

2:30 – JV Soccer vs. Tennent – Holy Family
4:00 – V Soccer vs. Tennent – **Senior Day** Holy Family**

Sunday, October 24

10:00 – 12:00 – BB Clinic – Nazareth Gym
5:30 – 7:00 – V Cheer Practice – Nazareth Gym

Prayer Intentions

We pray for the happy repose of the soul of Mr. Joseph Zdunkiewicz, husband of Mrs. Judy Rynkiewicz Zdunkiewicz '86, father of three, including Victoria '18 and Sarah '24. We also pray for the consolation and comfort for those who love him, especially his family and friends.

Eternal rest grant unto him, O Lord, and let perpetual light shine upon him. May his soul, and the souls of all the faithful departed, through the mercy of God, rest in peace.

During this month of the Most Holy Rosary, please also remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- Adult leaders, student leaders and retreatants attending Kairos this week
- American men and women serving overseas
- Mr. Jack Barth (*Facilities*)
- Mrs. Jessica MacKay, *former Director of Counseling*
- Sister Maryellen Whitaker (*Library*)
- All intentions of the Nazareth Academy High School Community

