

The Naz Newsletter



Nazareth Academy High School Parent Update

January 8, 2023

I implore (God) to grant you a new life, one in which you will be renewed in spirit...

-Blessed Mary of Jesus the Good Shepherd

THIS WEEK

Monday, January 9: *A Schedule; Sophomore Class Meeting (Chapel)*

Tuesday, January 10: *A Schedule; Freshman Class Meeting (Chapel)*

Wednesday, January 11: *Course Information Day, C Schedule*

Thursday, January 12: *A Schedule; Kairos*

Friday, January 13: *A Schedule; Kairos*

LOOKING AHEAD

Monday, January 16: *Dr. Martin Luther King Day, School Closed*

Wednesday, January 18: *Department Meetings, B Schedule*

Thursday, January 19: *Online Course Selection Closes; Back to School Night (Virtual), 6 PM*

Wednesday, January 25: *Pro-Life Assembly, C Schedule*

Sunday, January 29-Friday, February 3: *Catholic Schools Week*

Saturday, February 4: *Athletic Hall of Fame, 3 PM*

Sunday, February 5: *All Catholic Chorus*

From the Office of Campus Ministry
Mrs. Theresa Stanton, Director

*The New Year stands before us
like a chapter in a book,
waiting to be written." Melody
Beattie*



Chapter 2023 is underway at Naz! Students who did not take Religion in the Fall Semester are now able to engage in **Faith Seeking Understanding** in the classroom with Sisters Mary, Magdalena and Boguslawka, and Miss Scarpello. These teachers were already able to provide a **Faith in Practice** experience for their students this past Thursday, when they accompanied students to Chapel for the Eucharistic Adoration.

Nazareth Academy has traditionally offered this means of honoring the True Presence of Christ in the Holy Eucharist which dates back before the 11th Century. The practice holds greater importance as American Catholics move through the first year of the National Eucharistic Revival. The Uncreated God who became flesh 2000 years ago in Bethlehem (which literally translates into "House of Bread" in English) still desires to be present with us today through the Bread of Life, the Eucharist.

It is "right and just" (words we hear in the Liturgy every week) that we present ourselves before Him, thank Him and praise Him in this way.

Our students also joined the global Church in offering prayers for the repose of the soul of Pope Emeritus Benedict XVI.

And what a great turnout of students putting **Faith into Action** at Homework Club, which resumed this week at NAGS. Thank you to all who participated.

Students availed themselves of other chances to put **Faith into Action** this week by generously supporting the National Honor Society's Winter Warmth Drive for the people of Ukraine and through a meal prep stint at Face-to-Face soup kitchen in Germantown today!

We ask for prayers for our January Kairos Retreatants who will head to Kearny, New Jersey on January 12th. The girls on retreat will be asked to remember the intentions of the NAHS community.

Catholics nationwide are preparing to pray 9 Days for Life, the annual pro-life novena beginning this year on **January 21**. New this year, dioceses across the country are live-streaming prayer events each day for the protection of human life. In the Catholic Church, a 'novena' consists of prayers over nine successive days. You may access the novena through this link: [Join the 9 Days for Life Novena for the Protection of Unborn Children | National Catholic Register \(ncregister.com\)](https://www.ncregister.com/Join-the-9-Days-for-Life-Novena-for-the-Protection-of-Unborn-Children)

I wish, hope and pray that your New Year is filled with the Peace of Christ and the Joy of His Salvation! Here is some food for thought for the New Year: [Go to the Limits of Your Longing | The On Being Project](#)

From the Office of Student Life

Theresa Hartey, Assistant Principal

Student Handbook Reminders

As we begin the second semester, please take a few minutes to review some important policies in the [Student Handbook](#):

- Uniform code details: pp. 20-21
- Proper procedure for school absence p.27
- Steps to follow when your child gets sick during the school day: p. 28
- Attendance requirement to participate in afterschool/night activities: p. 43

Downtown Trip

We had a fabulous trip downtown to celebrate Christmas! We ate lunch at Reading Terminal Market, shopped at Christmas Village, and saw the iconic light show at Macy's. The students were wonderful! Thank you to all who participated in the trip and to Mrs. Sylvester, Mr. Marchese, Ms. Whalen, Mr. and Mrs. Severino and Ms. Derassouyan for chaperoning the trip! A great time was had by all!



Senior College Sweatshirts ♡ ♡

Congratulations to our seniors! All seniors are invited to wear college sweatshirts on top of their uniforms for any college to which they have been accepted (beginning now through Easter break). We are proud of our seniors and their amazing accomplishments!

MLK Day Service Opportunity

On Monday, January 16th we have an opportunity to help those in need at the Missions of Charity in Norristown. Students may see Mrs. Stanton and sign up outside her office if they want to participate or need additional information. The timetable for this event is 9:00 AM – 12:00 PM.

White Out Basketball Game

Our annual White Out Basketball Game will take place on Tuesday, January 17th. Come out and cheer on your fellow Pandas as they take on the Mount! Wear your White Out shirt and be sure to bring your phenomenal school spirit! JV begins at 3:45 PM, and varsity begins at 5:15 PM. Need a White Out shirt? Purchase one [here](#). All orders must be received by 11:00 PM on January 9th.

Chick-fil-A Competition

We will have a friendly competition against some neighboring Catholic schools during Catholic Schools Week on Tuesday, January 31st. All we have to do is eat lots of Chick-fil-A to defeat our competition and raise some money for our school.

Thank you! God bless you! Have a great week! Go Pandas!

From the Office of Counseling

Mary Jane Whiteley, Director

Hello Nazareth Families!

I hope that you and your loved ones had a wonderful Christmas and a good start to the new year! At the beginning of break an email was sent to Freshman, Sophomores, and Juniors regarding the updated Course Selection Catalog and where to find information in the Student Handbook related to the requirements for Honor Societies. Break was a great time to start reviewing this information as students will be attending the Registrar's course selection assembly this month.

The office of the Registrar has put the updated 2023-2024 Course Catalog on the NAHS website and it can be viewed [here](#). To review the requirements for the Honor Societies in the Student Handbook, please click [here](#) and go to page 43. Students can see their Counselor and/or Department Chairs with questions.

From the Office of College Counseling

Mrs. Alyssa Scheerbaum, Director

Class of 2023

The last day to drop or add a class is January 10th. Students need to notify their college counselor of any course changes immediately so that their colleges can be notified.

Students should continue to submit acceptances, scholarships, and financial aid letters as they receive them.

Class of 2024

We are planning on offering the SAT School Day on March 22, 2023 to the junior class! Please have your students fill out this [FORM](#) by January 22, 2023 if they would like to participate.

The University of Delaware Edge Program

The Edge [Program](#) is open to current sophomore and junior students. Please follow the link for more information about the program and fees.

When: July 9-29, 2023

Application Deadline: May 15, 2023

Admission Criteria:

- A rising high school junior or senior (by summer of 2023)
- 3.0+ cumulative GPA

- Evidence that demonstrates strong academic potential, good judgment and maturity, and the ability to succeed in a highly structured environment

Office of Alumnae and Events

Mrs. Terri Evans, Director

NAZ Virtual Bingo is back!

Friday, January 20, 2023 7:00 PM

Stay warm and cozy in your home while playing bingo for gift cards of your choice. Please invite your family and friends to join us for a fun night. [Please click here to purchase tickets.](#)

NAPA

Mrs. Denise Kowalski P '23, President

NAPA 2023 Playoff Pool

Huddle up and score a block on our NFL Playoff Pool. Blocks are \$100.00 each. Multiple chances to win cash prizes on all playoff games January 14th thru January 29th! [Click here to purchase your block.](#)

Panda Perks

Our baristas love you a latte! Come visit them on Thursday, January 12th from 6:45 until 7:30 AM for your Beach Brew USA signature morning iced coffee! Don't forget your custom NAHS tumblers so you can sip in style.

Wawa Hoagie Certificates

When you just "Gotta have a Wawa"! Treat yourself to a world famous Shorti for just \$5.00. Perfect for your athletes, on the go parents or hungry Pandas! [Click here to purchase.](#)

From the Office of Athletics

Mr. Dan Bradley, Director

Weekly Athletic Schedule January 9, 2023 – January 15, 2023

Monday, January 9, 2023

3:00 – 5:00 V Track Practice-Nazareth

4:00 – 6:00 JV & V Basketball Practice-Nazareth Gym

5:00 – 7:00 Swim Practice-Bensalem HS

7:00 – 8:30 NAGS Basketball Practice-Nazareth Gym

Tuesday, January 10, 2023

3:00 – 5:00 V Track Practice-Nazareth

3:45 – JV Basketball vs. VJM-Home-Nazareth Gym

4:15 – V Swim Meet vs. GMA-Away

5:15 – V Basketball vs. VJM-Home-Nazareth Gym

6:30 – 9:00 V Cheerleading Practice-Nazareth Gym

Wednesday, January 11, 2023

3:00 – 5:00 V Track Practice-Nazareth

3:30 – V Swim Meet vs. Lower Moreland-Away

4:00 – 6:00 JV & V Basketball Practice-Nazareth Gym

Thursday, January 12, 2023

3:00 – 5:00 V Track Practice-Nazareth

3:45 – JV Basketball vs. MM-Home

5:00 – 7:00 Swim Practice-Bensalem HS

5:15 – V Basketball vs. MM-Home

6:30 – 9:00 V Cheerleading Practice-Nazareth Gym

Friday, January 13, 2023

3:00 – 5:00 V Track Practice-Nazareth

4:00 – 6:00 JV & V Basketball Practice-Nazareth Gym

5:00 – 7:00 Swim Practice-Bensalem HS

Saturday, January 14, 2023

TBD – V Cheerleading Competition @ Upper Darby-Away

TBD – JV & V Basketball Practice-Nazareth Gym

Sunday, January 15, 2023

TBD – V Cheerleading Competition @ Upper Darby-Away

Prayer Intentions

We pray for all intentions, most especially the following:

- The People of Ukraine
- The students and adults attending Kairos this week
- Mrs. Denise LePera (*Office of the President*) and all who are battling cancer
- Charlotte
- Kate and Sarah, for their continued healing and speedy recovery
- All intentions of the Nazareth Academy High School Community