

The Naz Newsletter



Nazareth Academy High School Parent Update

February 13, 2022

Love is always gentle, patient, ready to sacrifice, and manifests itself by deeds, rather than words or feelings.

-Blessed Mary of Jesus the Good Shepherd

From the Office of the Principal

Mr. Jim Meredith

We roll into Mid-Winter Break with a string of A Schedules. After Mid-Winter Break, I will be hosting Class Meetings at Activity Period for each class. Juniors and Seniors who have lunch during Activity Period will be reminded to bring their lunch to school that day. The meetings are on the calendar.

The Weekly Update returns on Sunday, February 27, after Mid-Winter Break. Have a great week this week and enjoy your Mid-Winter Break!



Schedule for the Week

Monday, February 14: A Schedule

Tuesday, February 15: A Schedule

Wednesday, February 16: A Schedule

Thursday, February 17: A Schedule

Friday, February 18: A Schedule

Monday-Friday, February 14-18

A Schedule

Warning Bell	7:40 AM
Homeroom	7:45 AM - 7:57 AM
BLOCK 1	8:00 AM - 9:21 AM
Block 1A	8:00 AM - 8:39 AM
Block 1B	8:42 AM - 9:21 AM
BLOCK 2	9:24 AM - 10:45 AM
Block 2A	9:24 AM - 10:03 AM
Block 2B	10:06 AM - 10:45 AM
Activity Period	10:48 AM - 11:23 AM
BLOCK 3	11:26 AM - 12:47 PM
Block 3A	11:26 AM - 12:05 PM
Block 3B	12:08 PM - 12:47 PM
BLOCK 4	12:50 PM - 2:10 PM
Block 4A	12:50 PM - 1:29 PM
Block 4B	1:32 PM - 2:10 PM



From the Office of the President

Mrs. Denise LePera

With one week to go before a much-needed break, my wish is that the break will be a time of reflection, a time of renewal filled with lots of what makes you the happiest! May it also be filled with kindness, not only for you but by you to others!



Legacy Gala Silent Call for Items

Please consider donating a silent auction item. As part of our Legacy Gala on April 22, 2022, our Online Auction will take place this year from April 3 - 22. The auction proceeds benefit students through tuition assistance. We are asking now for donations that can be included in the auction. [Please check our Amazon wish list for possible items.](#) We are also looking for experiences that will be of interest to the Nazareth community.

Some examples:

- An item purchased from our [Amazon Wish List](#)
- Restaurant gift cards (*Do you have a favorite? Ask them to consider supporting Nazareth with a gift card*)
- Gift cards for spa services, hair salons, etc.
- Tickets to sporting events (*Phillies, Flyers, Union, etc.*)
- Zoo and museum passes
- Tickets to concerts, concert venues, etc.
- Golf foursomes (*Are you a member at a club? Perhaps you could sponsor a foursome?*)
- Travel getaways (*Do you have a mountain or beach house that you would be willing to donate for a week or weekend?*)
- Special collectibles (*sports, art, etc.*)
- Other items the Nazareth community would enjoy

Last year our Virtual Legacy Gala raised more than \$70,000 in part because of the very generous donations to our silent auction. Let's make this year's auction even better! Parents, faculty, staff and alumnae donated more than \$8,000 in auction items.

Advancement Office

Mrs. Terri Evans

Naz Bingo

Thank you to all that participated in the NAZ Virtual Bingo on Friday night. It was a great time and we look forward to our upcoming in person bingo on Friday, March 25th. Players can attend either in person or virtually. We hope to see you there.

COVID Corner

This week there were three reports of positive cases. Here is the most recent [Covid Dashboard](#) that includes daily updates of positive cases for the current and previous weeks.

Updates

We are grateful for your attention to the guidance of the City of Philadelphia and the CDC, especially:

- Completing the daily health questionnaire
- Following proper use of masks
- Using the hand sanitizing stations and washing your hands often

Quick Links and Reference:

[Daily Health Screening Questionnaire](#)

[Current Guidance for Schools from the City of Philadelphia Department of Health](#)

[Visual Aid for Calculating Isolation, Quarantine and Testing](#)

[PA Department of Health Dashboard](#)

Thank you for your ongoing support and patience!

NAPA

Mrs. Grace Pirolli P '22

Come on out and support NAPA'S Craft Fair & Food Truck Festival

Saturday, March 12th 9:00AM – 5:00PM 🚚 🚚 🍪 🔧 🪄 .

Check out our food truck line up so far: Humpty's Dumplings, The Surf & Turf Truck, The Tot Rod, and Le Camion French Food Truck.

Craft show signup for anyone interested in being a vendor via this [link](#).

Volunteers can sign up via this [link](#).

NAPA Board Nominations

The time has come to pass the baton to a new NAPA Board. If you are interested in volunteering your time and helping to make your daughter's experience at NAZ an even better one, NAPA is the place for you.

The following positions are open for the 2022-2023 school year:

President

Vice President

Corresponding Secretary



Please email NAPA@NazarethAcademyHS.org with a short biography and what position you are interested in.

Don't forget to check the [school calendar](#) for important information regarding different meetings that are happening during the week.

From the Office of Campus Ministry

Ms. Shannon Donnelly, Campus Minister

"An interior life is essential for an active life." -Mother Foundress, Blessed Mary of Jesus the Good Shepherd

Jesus is so willing to help us exchange all of our everyday anxiousness, negativity, and exhaustion with joy, peace, and renewed love. Jesus dwells in chapels and churches, but His favorite place is our hearts. He came to earth to renew our hearts and revive them by promising to love us, and He knocks on the door of our heart every chance He can get! Transformation is what the Christian journey is all about, and that transformation takes shape within, and after enough times we show up differently and live newly. The spirit of God is the spirit of peace, so we can be assured that whenever we contemplate God -- or talk to God -- the result is peace.

Calling all seniors! I am putting together a slideshow of baby photos for a special event. Please send your favorite baby photo (from 6 months -- 3 years old) by March 24th. Please send all photos to: nazarethpictures4@gmail.com

From the Office of Academic Affairs

Mrs. Patricia Quinn, Assistant Principal

- Deficiency Reports will be issued on Tuesday, March 1st and are due back with parent signatures to the issuing teacher by Tuesday, March 8th. If a student has a possibility of failing a course, it will be included on the report. Final Spring Deficiency reports will be issued on Tuesday, April 19th and are due back to the issuing teacher by Tuesday, April 26th.
- In response to teacher requests, I have been meeting with students with specific academic concerns.
- The Mid-Spring marking period ends on Friday, March 11th and grades are due on Monday, March 14th by 8 A.M.
- Honors and GPA calculations are based on semester grades and not on the Mid-Spring report.

From the Office of Counseling

Ms. Mary Jane Whiteley, Director of Counseling

Hello Nazareth Families!



February is not just about Valentine's Day, it is also *Teen Dating Violence Awareness Month*. While it is not a topic that most would look forward to talking about, it is obviously a topic of great importance. In the coming months, our students will have opportunities to learn more about teen dating violence, what healthy and unhealthy relationships look like, and resources for prevention and support. There are some wonderful resources for parents listed below. If you have any questions or concerns, please

contact me. If you find any of the resources particularly helpful, I would welcome that feedback as well!

- Relationship Spectrum is [here](#)
- Parent Discussion Guide is [here](#) and includes resources

Please keep an eye out for future information and resources!

From the Office of College Counseling

Ms. Alyssa Mikulski, Director of College Counseling

Diocesan Scholar applications were emailed to all eligible juniors on February 4th. These applications are due by email on February 14, 2022, by 11:59 PM. If your student is not applying, please have them email me to let me know.

A representative from Chestnut Hill College will be visiting Nazareth during the lunches on February 15th.

A representative from Immaculata University will be visiting Nazareth during the lunches on February 16th.

Class of 2022

Students should send Ms. Mikulski college acceptances, scholarships, and grants through email OR bring papers in to be copied. This information is used for the Graduation Program and for potential social media "shout-outs" later this spring.

Students can still earn scholarships! Please encourage your students to use sites like Going Merry, College Board, Fastweb, and Scholarships.com to search for scholarship opportunities.

Class of 2023

Students should familiarize themselves with the Microsoft Teams dedicated to their class and the post-secondary process. This Team is meant to be a resource to students and is regularly updated with information about colleges, summer programs, scholarships, test-optional schools, the college essay, how to apply, etc.

Students should follow this [LINK](#) to access the **College Brag Survey**. **This form must be submitted by 11:59 PM on February 18, 2022.** This form will close at 11:59 PM on February 18, 2022. Students should email their college counselor after they have submitted this form that way we can verify that we have it. We recommend writing their answers in a Word doc and pasting them into the survey to avoid any potential technical problems where they might lose the information.

Students should follow this [LINK](#) if they would like to sign up for the SAT School Day being offered on April 13, 2022. **They have until 11:59 PM on March 5, 2022 to sign up via the link.** The cost is \$55 or \$8 if you meet income eligibility guidelines (the link for IEG is in the Microsoft Form). You will receive a payment form for the SAT School Day via email closer to April 13, 2022.

Students must ask two teachers for letters of recommendation by April 8, 2022. These teachers should be from sophomore or junior year. Students can meet with their college counselor to discuss who they are thinking about asking. Students should complete the Teacher Recommendation Questionnaire for each teacher and have it with them when they ask teachers to write their letters. Students should tell their college counselor who agrees to write letters of recommendation for so that the teacher can be added to their Naviance account.

Seminars

The first optional post-secondary seminar for the junior class will take place Thursday February 10th during activity period in Room 324. The first session will address skills for the future and will feature a

guest speaker from Central Penn College. This seminar will focus on career options, the benefits of a career path, and reaching those goals effectively and efficiently. Interview skills, dressing for success, and job shadowing will also be discussed. **Please have your student fill out the [RSVP form](#) if they plan to attend.**

Below is a schedule for all upcoming seminars:

- **3/3:** Application Timeline/Naviance/Vita Navis
- **3/17:** Common Application/Other Applications/Naviance
- **3/24:** College Essay and Activities Resume
- **4/7:** SAT/ACT/Khan Academy/College Board
- **4/21:** Financial Aid/Scholarships

On March 15th, Mr. Brad Simon will be presenting to our students during Activity Period about the **college essay**. Students should complete this [FORM](#) to RSVP.

Quest Bridge is a national non-profit that connects exceptional and low-income students with college and scholarship opportunities. Applications for the Class of 2023 open this month. Follow this [link](#) to learn more about Quest Bridge and follow this [link](#) to learn more about how to apply.



From the Office of the Athletic Department

Mr. Dan Bradley, Athletic Director

Spring Sports Update

Remember that in order to try out for a spring sport, athletes must register on [Family ID](#), submit a [PIAA Physical Form](#) to the Athletic Department, and complete Impact Concussion Testing for freshmen and juniors who did not play a fall or winter sport. If you are a freshman or junior and participated in a fall or winter sport, you do not need to take the impact test again nor hand in the PIAA physical form. Not having these can affect one's participation on the team. This must be completed by March 4th. Registration for FamilyID opened on Monday, February 7th.

Spring Sports:

- Outdoor Track
- Lacrosse
- Softball

Important Dates:

February 28th – March 4th

ImPACT Concussion Testing will be completed online. You will receive an email the week of February 28th with directives to complete the impact testing. ImPACT concussion testing is mandatory for all freshman and junior athletes who did not play a fall or winter sport. Again, if you are a freshman or junior and participated in a fall or winter sport you do not need to take the impact test again.

March 7^h

First official day for spring sports tryouts to begin for outdoor track, lacrosse, and softball. Specific information regarding each sport's tryout schedule will be forthcoming.

If you have any questions regarding ImPACT concussion testing, tryouts, or FamilyID, please contact me at dbradley@nazarethacademyhs.org

Weekly Athletic Schedule 2/14/2022 - 2/20/2022

Monday, February 14

Cheer Nationals – Away

Tuesday, February 15

Open

Wednesday, February 16

2:30 – Winter Sports Pictures – Gym

6:00 – 7:30 – Soccer Workout – Gym

Thursday, February 17

7:30 – 9:00 – SB Workout – Gym

Friday, February 18

Open

Saturday, February 19

11:00 – 4:00 – SB Workout – Gym

Sunday, February 20

12:00 – 2:00 – Torresdale Basketball – Gym

3:00 – 4:30 – Soccer Workout – Gym

**Prayer Intentions**

Please remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- American men and women serving overseas
- Mr. Jack Barth (*Facilities*)
- Mrs. Jessica MacKay, *former Director of Counseling*
- All intentions of the Nazareth Academy High School Community



Frances Ellen Watkins Harper, was a 19th Century author, educator, abolitionist, reformer, and suffragist.

She was a prolific speaker and author who wrote poetry, novels, and pieces for newspapers and magazines. Harper was the first Black woman to publish a short story, “The Two Offers,” in 1859. Beyond her powerful written and spoken words, she also worked tirelessly to support the Underground Railroad.

After a life devoted to fighting for equality, [Frances Ellen Watkins Harper](#) died in Philadelphia in 1911.



Sunday, February 27
7 pm

Our Mother of Consolation
 Catholic Church
 Philadelphia, PA

Admission:
 Free-Will Offering

Suitable for Ages 10 & Up

The **All Inclusive Club** presents local Black Owned restaurants to support:

- [Nourish with Naeemah](#) @nourishwithnaeemah
- [iMunch Café](#), 1231 N 31st Street, Philadelphia
- [Franny Lou's Porch](#), 2400 Coral Street, Philadelphia
- [Baby Buns](#), 115 S Independence Mall E, Philadelphia

Stay tuned for more to be featured next issue!