### The Naz Newsletter



Nazareth Academy High School Parent Update



# From the Office of the Principal Mr. Jim Meredith

"Remain peaceful in the Lord, relying upon His goodness and His mercy."

-Blessed Mary of Jesus the Good Shepherd It was so wonderful to see our students return to campus this week as the Hybrid Model resumed on Monday. It is of utmost importance that we all continue to practice the safety protocols in place to mitigate the spread of the virus, including wearing our masks and social distancing, both at school and when outside of school.

During these troubling times, we can find solace in the words of Dr. Martin Luther King who said, "Out of the mountain of despair, a stone of hope." One of our sources of hope is our students' return to campus. In this issue of the Weekly Update, Ms. Shannon Donnelly, Campus Minister, provides information about participating in our service project in observance of Martin Luther King Day.

### From the Office of the Principal

#### continued

#### Schedule for the Week of January 18th (Blue Cohort In Person/ Gold Cohort Remote)

- Monday, January 18: Dr. Martin Luther King Day, No Classes, Service Project
- Tuesday, January 19: A Schedule
- Wednesday, January 20: A Schedule
- Thursday, January 21: A Schedule
- Friday, January 22: B Schedule, Department Meetings

		Α	
		Monday -	- Thursday
Warning Bell		7:40	
Prayers and Announcements		7:45 - 7:50	
Block 1	а	7:50 - 9:10	
	b		
Liturgy			
Block 2	а	9:18-10:38	9:18 - 9:56
	b		10:00 - 10:38
Activity Period		10:42 - 11:18	
Block 3	а	11:22 - 12:42	11:22 - 12:00
	b		12:04 - 12:42
Block 4	а	12:50 - 2:10	
	b		

		B Friday	
			Low Control
Warning Bell		7:40	
Prayers and Announcements Block 1		7:45 - 7:50	
	а	7:50 - 8:42	
	b		
Liturgy			
Block 2	а	8:50 - 9:42	8:50 - 9:14
	b		9:18 - 9:42
Activity Period		9:46 - 10:14	
Block 3	а	10:18 - 11:10	10:18 - 10:42
	b		10:46 - 11:10
Block 4	а	11:18 - 12:10	
Block 4		11.10 - 12:10	

#### **Calendar Reminders**

- Monday, January 18: Dr. Martin Luther King Day Service Project, No Classes
- Friday, January 22: Department Meetings, B Schedule
- Tuesday, January 26: PSAT Testing for Freshmen and Sophomores, Grades 9-10 In-Person and Grades 11-12 Remote
- Wednesday, January 27: Course Selection, C Schedule
- Monday, February 1: Catholic Schools Week Liturgy, C Schedule

### From the Office of the President Mrs. Denise LePera

#### Thought for the Day

and furious!

It seems that the last 10 months have taught us much about things outside of our control. Those 10 months also taught us more about our ability to cope, transition, and our faith in God that he will not fail us. If we don't focus on self-care and work-life balance, burn out comes fast

### From the Office of the President

#### continued

#### Burned out/Burned in~ Seth Godin

Burned in is what we look for in an electronic device. It's working perfectly, in the groove.

Burned out is what happens if we abuse it.

Burn-in comes from a practice, a generous, persistent approach that's within our control.

Burn out, on the other hand, is often caused by trying to control things that we can't possibly control. As a result, we waste cycles and create a pattern of stress.

Even though it seems as though the world is trying to steal our focus and our energy, ultimately, in each moment, it's our choice to make. We can decide to create possibility and contribute. Toward better.

#### Virtual Gift Card Bingo

Back by popular demand...Virtual Gift Card Bingo will be January 29, 2021 at 7:00 PM. 12 rounds of gift card bingo and 3 rounds of 50/50 games will be played.

<u>Click here to purchase your tickets</u> or visit www.NazarethAcademyHS.org/BINGO If you have any questions, please email tevans@nazarethacademyhs.org.

# From the Office of Campus Ministry Ms. Shannon Donnelly

"May St. Joseph be your model of quiet, hidden work done with a pure intention for Jesus, seeking no reward, but from Jesus alone."

-Blessed Mary of Jesus the Good Shepherd

In this year of St. Joseph, the quiet, motivated, Joseph, chosen to be the spouse of the Blessed Mother and Father of Jesus, performed his duties for these roles in hidden ways. Many of us are finding ourselves like St. Joseph. We are in circumstances where a lot of what we do is in the quiet with not many people around. The power of this is that there is nothing but love offered here. There are no fears, ulterior motives, nothing to earn, and even 10,000 difficulties within these duties cannot make him doubt his purpose. This is the love we are learning to put into action these days. As we continue throughout our days, whether you are a teacher, doctor, nurse, student, lawyer, or anything, there are a lot of hidden, quiet works you do that God sees and is so proud.

### From the Office of Campus Ministry

#### *continued*

#### Martin Luther King Day of Service

In light of these hidden works, please consider joining us for the MLK Day of Service. We will be making Breakfast Bags for Caring for Friends in Philadelphia!

Students have the option to make their bags at home, and drop them off by 3:00 on Monday, OR join us in the Student Dining Hall to work on them together safely and efficiently. We will be following all safety protocols, including masks, social distancing, and the daily check in.

Students participating in person are responsible for donating TWO supplies upon arrival: A package of brown bags or large Ziploc bags, and individually wrapped, bulk-sized supplies of any of the following products:

- Goldfish snack crackers
- Granola Bars
- Chewy bars
- Oatmeal packets
- Chip bags (variety pack)
- 6 pack individually wrapped crackers and cookies
- Mini Muffins
- Applesauce pouches
- Please avoid peanut butter and nut products

Students participating from home can make as many bags as they want, there is no minimum number of bags necessary to make. Each bag should have 3-4 of these items and a note with an uplifting message (ex. "Have a great day!" and "I am praying for you!" a Bible Verse, or a quote about hope).

# From the Office of the Assistant Principal for Academic Affairs Mrs. Pat Quinn

I am thrilled to see the smiling faces on your daughters as we join again on campus as a Nazareth community. Our teachers and students are very excited to be back. Please feel free to address any academic questions to your daughters' teachers and me.

# From the Office of the Assistant Principal for Academic Affairs

#### continued

#### **Reminders:**

- The last day for Drop/Add is Tuesday, January 19, 2021. After January 19, if a student drops a class, she will receive a W (Withdraw) on her transcript. After Friday, February 19, no class may be dropped for any reason.
- On Tuesday, January 26, report cards can be viewed online. GPA and honors are calculated on the semester grades.
- On Wednesday, January 27, students will follow a C Schedule and will receive information on Course Selection presented by the Assistant Principal for Academics, Registrar, and Department Chairpersons. Course information will be presented virtually.
- On Thursday, February 4, online course selection closes.

## From the Office of the Assistant Principal for Student Life

### Mrs. Maura Hope

#### **Naz News and Club Meetings**

In addition to the <u>Naz News link</u> on the school website and its <u>YouTube! Channel</u>, all students receive the broadcast sent to their school email each day. Students, parents, or guardians can watch the broadcast any time that is convenient for them, whether they are at home or in the building.

This week, as the second semester begins, a calendar for all club meetings for the month of January was shared with all students, as well as contact information for club moderators. There are many avenues for student involvement here at Nazareth.

#### **Uniform and Attendance Reminders**

The following reminders regarding uniform has been shared with the students:

#### **Uniform**

Winter Uniform must be worn properly every day. Please see Page 21 of the <u>Student Handbook</u> for specifics but reminders are as follows:

- Pajama pants or sweat pants cannot be worn under the skirt and if worn to school, must be removed before First Block
- Please be mindful of the proper skirt length
- No non-Nazareth sweatshirts may be worn unless students are notified of a special uniform day
- Students must wear navy crew socks (without labels) or navy tights
- When virtual, students are to be dressed in school uniform or in Naz gear when on camera

# From the Office of the Assistant Principal for Student Life

#### continued

#### **Attendance**

For students who are part of the Blue or Gold Cohort, a parent/guardian must call or email the Attendance Office before 8 AM if the student is going to remain home and attend class remotely for the day.

The school is responsible for the status of students for every block, every day and teachers and staff need to be notified by the Attendance Office when a student is not in the building.

If the Attendance Office is not notified from a parent that the student is remote for the day and the student is not in the building, the student is subject to demerits for non-compliance.

### From the Office of NAPA Grace Pirolli P'22

#### **NAPA Super Bowl Pool**

Because you made our Playoff Pool so successful, we decided to do a Super Bowl Pool! Buy your blocks now and have a chance to win over \$5,000 in prizes while supporting our Naz girls! #DoltForOurNazGirls Click here to purchase your block!

#### NAPA Valentine's Day Raffle

Win a chance for a romantic dinner at Odette's River House in New Hope, and a beautiful dozen roses for that special sweetheart in your life! Tickets will go on sale soon.

#### NAPA Easter Flower & Easter Candy Presale

Begins Monday, March 1st, so please be on the lookout for our fliers.

#### **Craft Fair**

Calling all crafters! Please join us for NAPA's first outdoor Craft Fair & Food Truck Festival taking place on Saturday, March 13th on our beautiful school grounds.

### **Prayer Intentions**

We pray most especially this week, the 48th anniversary of Roe v. Wade, for life, from conception through natural death. Please also remember the following in your prayers:

- Those impacted by the coronavirus, the victims and the first responders on the front lines fighting this virus
- Mrs. Jessica MacKay, Director of Counseling
- All Intentions of the Nazareth Academy High School Community